



## Responsible Guest Charter

The Forest of Dean is a beautiful place so please be a responsible visitor. Here are some tips on how you can help.

### #ShopLocal #SupportLocal

Use local products and services. They give you a flavour of the area and help support our communities. We are fortunate to have some great producers of food, & drink, and arts & crafts. Visit the two local microbreweries – Jolter Cider and Bespoke Brewing Company in the heart of Mitcheldean village or venture over into the next village of Longhope & visit The Forest Bakehouse – sample their wonderful array of breads and sour doughs. Take a look at [“Little Extras”](#) available on our website and enjoy pork and lamb that has been ethically reared just two miles away or treat yourself to a Breakfast Box– full of locally sourced goodies.

### Follow the Countryside Code

Please respect the local community and other people using the outdoors. Remember your actions can affect people’s lives and livelihoods. Familiarise yourself with the code [here](#)

## Travel

We encourage you to travel in an environmental sensitive way (we have three untethered electric car charging points on site). Better still - why not leave your car parked up and explore the area on foot or by bicycle? There are lots routes and footpaths to take straight from the cabin door and an OS Explorer Map for your use. We have many local suppliers close by and can have local supplies delivered to your cabin.

### *By Car*

If you are driving the narrow country lanes and you meet walkers coming towards you then please stop and allow them to pass safely. If they are walking in the same direction you are travelling then slow down and allow them to move off the road onto a safe verge.

### *By Public Transport*

Why not take the 24 or 33 bus to Ross on Wye or Gloucester?

## Services

We don't charge for extra use of utilities but please think about the environment and turn off lights when not being used - we are in a SAC (Special Area of Conservation) with low light pollution and would like to keep it that way. Only use the water you need - why not share a bath or shower! The water here is great to drink so no need to buy plastic bottles of drinking water – we leave a chilled, glass water bottle in the fridge for you. We are not on mains drains but have a “bio disc” which breaks down waste in an environmentally sensitive way so we need to be careful what goes down the sink and the toilet. Keep it to the 3Ps (Pee, Pooh, Paper) and please use the sanitary bags to dispose of anything else.

## Recycling

We ask you to recycle while you are here and we leave composting bags for raw food as well as boxes for plastics, cardboard, tins and glass.

## Food Waste

Did you know that approximately a third of our food is thrown away? The Roost is a certified [Guardian of Grub](#) and committed to reducing food waste so please don't dispose of uneaten perishables but leave them in the fridge – unopened goods can be enjoyed by members of staff and opened by our pets (my dog adores burgers)! All other food waste goes into our onsite composting system which in turn goes to mulch our trees and plants.